

GOOD NEIGHBOUR VOLUNTEERS

Salford_The following is taken from <https://www.salfordcvs.co.uk/give-your-time>

Be a good neighbour

- Connect and reach out to your immediate neighbours
- Swap phone numbers – a conversation may be a lifeline and will help people feel less lonely
- If there is a neighbourhood social media page you could help them connect with this
- Encourage others on your street to help
- Help your neighbour put together a contact list of useful numbers e.g. their personal emergency contacts, local advice lines, etc.
- Practical support such as picking up prescriptions, helping them with online shopping, walking their dog, etc.

General rules

- **Don't enter people's houses – stay on the doorstep and keep 2 metres apart!**
- Be kind and courteous
- Respect everyone's privacy, helping vulnerable people requires mutual trust e.g. don't share any private information
- Follow infection control advice and social distancing – with coronavirus (COVID-19) the situation is fast evolving so follow the latest advice from trusted sources e.g. Public Health England (Find them on twitter: [@PHE_uk](#)) or visit the [PHE website](#).
- If you feel unwell with symptoms of coronavirus you should self-isolate. [Guidance on this is available on the NHS website](#).
- Carry a mobile phone and let someone know where you are going

If you have any queries about being a good neighbour or emergency response volunteering please contact our team on 0161 787 7795 or email volunteer@salfordcvs.co.uk